

Case #4: Parkinson's Disease: Presentation, Diagnosis and Applications of Functional Neurology

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Methods

The patient had undergone a comprehensive and extensive neurological examination using standard neurological tests and diagnostics including VNG, computerized dynamic posturography, tremoroscopic testing. He had bilateral areflexia, orthostatic concomitance, sensorimotor deficiencies, posterior center of pressure (PCOP). He also had positive pathological reflexes. The patient had balance and incoordination issues. Freezing gait, festination and positive Myerson's Sign. He also had impaired saccadic movements in various planes, and aberrant vertical to horizontal optokinetic. He also had irregular pursuits, bilateral hippus with loss of gaze.

A slow systemic Functional Neurology approach was implemented, while monitoring vitals, using various visual, auditory, vestibular, sensory and motor applications, brain based activities, cerebellar activation, home instructions and dietary changes.

Results

Patient started treatment on 10/20/15. During the first 4 days of treatment the freezing gait, festination hand tremors have resolved. The patient had slept for 8 hours straight and was able to digest better. By the second week of treatment more than 80% of his symptoms including incontinence have resolved. The patient still has 2 more days of treatment to complete his first phase then will be discharged for 3 months. The patient and his wife gave us a testimonial on his progress. Today, the patient Parkinson's disease is not observed.

Background and Aims

An 82-year-old male presented to our clinic on 7/27/15 complaining of dizziness, low energy, weakness, depression, anxiety, muscle tension, headaches, brain fog, interrupted sleep, incontinence, right hand tremors, stooped posture, difficulty breathing, imbalance, digestive issues, and joint pain. The patient had seen several allopathic and alternative doctors, was put on several medications and supplements, but his symptoms kept worsening. The patient fears that his symptoms will make him bedridden and helpless in the next 2 years, and become a burden on his wife and family.

