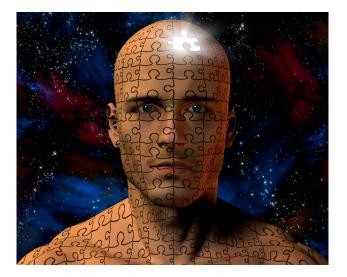
## Why Did My Body Go Wrong?

## Fibromyalgia, Migraine Headaches, Chronic Fatigue, Dizziness, Memory Loss, Insomnia, IBS, Hormone Imbalance, Digestive problems ... Blinking Signs of Systems Failure

by Dr. Gilbert Jaudy, DC, DACNB, FACFN, FABVR, FABCDD as originally published in the Healthy Times Newspaper



"What is wrong with me...why isn't my body working right?" These are the questions of struggling and suffering patients I see everyday consumed with finding the "thing", that has been the cause of their extreme frustration, pain and misery. They are bewildered after having been from one doctor to another for many years looking for the cause into their symptoms, endured expensive diagnostic testing with no clear answers. They are exhausted from with dealing with pain, enjoy no quality of life, overwhelmed with the their symptoms, and on pain-killing medication while continuing to feel worse.

In order to properly and effectively answer on the common place questions above, it is important first to note the important shift in healthcare since President George Bush Senior declared and signed a Presidential Proclamation designating the 1990's to be the Decade of the Brain. Over one and a half billion dollars was invested into active brain research. Now in 2010 we are reaping the benefits of that investment and research.

The latest discoveries in Functional Neurology point to intricate interconnections of brain cells and their ultimate control of the human body. These discoveries have revealed the missing link in health care and set new breakthroughs for contemporary neuroscience.

This important relationship between the brain and the human systems has changed the way the medical community now views chronic pain and how it should be treated. This new science and approach has been successful in treating conditions that have been resistant to conventional treatments.

As it has been until now, our healthcare system is symptom driven and focused on disease management, or the management of symptoms. The physiology that that led to disease X or a chronic condition is largely ignored and the underlying causal process is rarely if never addressed. It is as if we are diligently looking for something we think is in a small box, when in reality the picture of why the human system flawed is much larger. The answer we seek therefore cannot be found in the confines of a body part disconnected from its neurological circuitry and its interconnection with other systems.

It is not enough to do sophisticated diagnostic testing, nor is the condition likely to reverse if the method of investigation and treatment does not address the functional process of the human physiology by asking the question "how did it get there?"

Yet when the medications don't work, the patient wonders why he or she cannot return to normal...continually needing to live on medications to manage or suppress symptoms. It is because drugs cannot normalize the reason why people's body parts are failing them.

Drugs cannot target specific structures, nor "fix" the underlying cause. Pharmaceuticals force physiological chemistry, affecting all the body systems, and thus the reason for the wide spectrum of side effects.

Once your internal system is out of balance, the number of symptoms can seem to be infinite and overwhelming leading to systems failure. Too often the only treatment is surgical alteration or removal, which leads to yet another cascade of body responses, implications, and potential side effects.

It is not only logical, but wise to treat using non-invasive procedures first before changes are made to the body that may have irreversible and significant consequences.

*In Functional Neurology, the diagnosis is just the starting point.* It is a neuroscience based on function-NOT symptoms. The doctor will diagnose not only the pathology (disease) or chronic condition, but the process ... the road by which it occurred.

## Functional Neurology diagnoses the cause.

Systems are checked for dysfunctions as well as disease in order to enable the body to return back to its normal function as it was originally designed to work, non-invasively and without chemicals to bring patients relief they have not been able to find elsewhere. This has been the missing dimension in healthcare.

There is no coincidence in the links between fibromyalgia and active brain research. A recent study in the Journal of Neuroscience has reported that the longer you have fibromyalgia, the faster your brain dies, which each year being 9.5 times more than in normal aging!

Another study links the intractable widespread pain of fibromyalgia to a fault in abnormal brain processing, which is the topic of this discussion. Emerging research points to brain dysfunction preceding the development of fibromyalgia.

It is now possible to assess the physiological integrity of the nervous system and correct dysfunctions that lead to progressive disease. comprehensive Through а examination. neurological it can be determined which part of the nervous

system is not functioning properly. Treatment pathways are specific and certain areas of the brain can be isolated.

In case after case, I have observed that targeting the pain where it begins -- in the brain regulates "short circuits." These faulty pathways cause an inability of the nervous system to send and receive accurate physiological information that is meant to regulate. Once short circuits develop, they persist. The control center is situated in the brainstem.

The failure of this system triggers a cascade of neurological and chemical dysfunctions complex leading to and debilitating symptoms such as fibromyalgia, migraines, chronic digestive dizziness. fatique. disorders, weight problems, chronic or unexplained back and neck pain, and neurological disorders.

Warning signs fibromyalgia sufferers experience due to electrical imbalance in brain circuitry include chronic widespread pain, con- fusion and loss of memory (also called brain fog), difficulty in expressing what they would like to say, or understanding what is being said to them. They may feel the word is on the tip of their tongue, but can't say it. Disrupted sleep cycles (the upper brainstem controls the sleep and awake patterns), irregular or increased heart rate, and irritable bowel syndrome or IBS.

The brain is an outstanding example of a biological computerized control system. By design, it is the role of the brain and nervous system to control the function of every cell, tissue, organ -- even the diameter of blood vessels.

If only the brain received the proper treatment instead of a defensive reaction to inhibit the "bad" physiology or remove the "bad" organ. I can only wonder how many strokes and side effects could have been prevented had these dangerous signals not been suppressed.

Let me ask you a question! What would you do if you had the following chronic symptoms? Headaches, Chronic fatigue, Lea cramps, Dizziness, Constipation, Tingling and numbness. Migraines, Stiffness. Weakness, Brain fogginess, Memory problems, Chronic back and neck pain, Sciatica, Menstrual cramps, Weight gain or loss, Shoulder/arm pain, Heaviness on the chest, Inability to breathe properly, loss of balance, fainting feeling, allergies/hives, light-headedness, depression. high/low blood anxiety. pressure, arthritis, diabetes ... and so on.

I have patients that come to me with bags full of medications, some take at an average of 20 to 32 drug pills, sometimes twice a day. Are you one of them? Would it make sense to you if to take a medication pill for each of these symptoms? For how long? What about the side effects? What's the goal? How would this affect your quality of life, your family and the life of your beloved ones around you when your body starts shutting down faster than expected?

It is heartbreaking for me everyday in my practice to see precious human life wasting away, at a time when we can reap and enjoy the fruit of modern brain research, the profound science of Functional Neurology, and the life-transforming magnitude of our clinical tests and treatment procedures. Answers are at hand, hope is within reach, and health goals are achievable.

Quality of life is a treasure. Step out of your ill-being status into your well-being world. Seek and reach high. Seize the opportunity. Set your goals, take control of your health, enjoy life and empower your ultimate function.

Advanced breakthroughs in Functional Neurology is at the forefront of modern science helping the doctor to restore neurological function. There is indeed relief, but it requires specific treatment to where the problem is rooted and must be addressed bringing to bear the most advanced findings science has to offer.

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