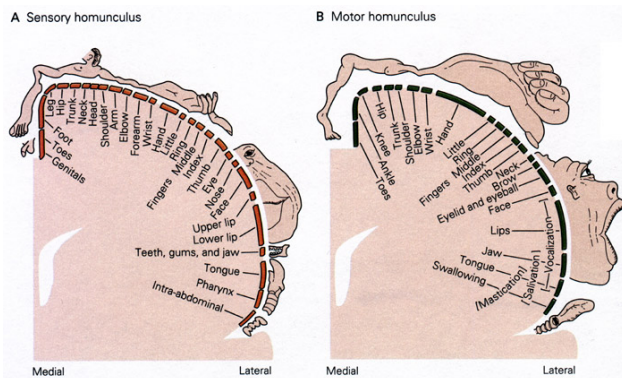


Modern Neuroscience Treatment Breakthroughs

From Fibromyalgia, Dizziness, Migraines, Memory Problems And Chronic Pain to Neurological Disorders... What Has Gone Wrong?

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Have you ever felt it should not be so hard or take so much effort to try to function in sound health without symptoms? You are right. The shift, however, that must first take place is to STOP focusing on treating symptoms. Treating symptoms is like chasing your shadow—there is no end.

The brain is the source of our total health, and the expression of our vitality is dictated by the firing rate and health of our brain. In my last column I discussed the details of how the frontal lobe of the brain, brainstem and the cerebellum affects the back, neck causing stiffness and of joints, wrists, and fingers. This locking up mechanism can then lead to degeneration and bulging or herniation of discs. I also discussed how the misfiring of different brain structures could lead to dizziness and other chronic neurological conditions such as Meniere's

Disease, ALS, Parkinson's, dementia and dystonia, and seizure disorders.

Today, let's take a look at the source of our nerve supply, the engine of our body, which is our brain, to physically see how we are majestically and neurologically wired to work.

FUNCTIONAL NEUROLOGY

The picture at the left is a cortical brain map, or a map to our body, depicting where our body parts are mapped and recognized in our brain. The conventional healthcare approach has been to focus on the "part." In reality, the brain is the engine of your body and every single part organ, etc. lives in your brain.

Notice the relative size of each body part in the brain DIRECTLY corresponds to the AMOUNT of information being transmitted to it, to and from the brain. For instance the hand and tongue are greater than the ankle or toes and thus have more representation (more brain cells) because they can perform more complex movements.

Brain electricity is the marker of life. The brain can lose speed of firing. The breakdown happens in the brain, brainstem, and cerebellum. Misfiring, failure, fading, and decreased signals are a failure of the

nervous system's electricity to transmit physiological information that is meant to regulate body function and tasks.

When the brain slows down, conductivity slows down to the organs. It can be very frustrating when an organ such as the thyroid is treated yet symptoms still remain. This is also why weight loss can be so difficult for people who eat little to nothing.

Our human existence and vitality depends on these highly intricate and sophisticated communication pathways between the brain and body that guarantee our survival. If any part does not receive information from the brain cells assigned to it, it fails or decreases in task, or in simple language, doesn't work as well as it should. Treating or altering the area body part locally or just patching up the malfunctioning area can lead to compensations and further problems. If you don't understand the nerve pathway, then you can't understand the chain of events associated with it.

I have had many patients with chronic pain syndromes or joints with a tendency to dislocate on and off again for years, such as a hip or knee, be amazed at the stability and lasting results after a brain-based neurological correction.

With the strong understanding of the behavior of a nerve cell in different regions of the nervous system, the doctor can determine and specifically test for each compartment to locate, isolate, and target the site of the lesion or de-root the problem. Once the lesion site is identified and specific treatment is administered, usually the brain responds in seconds and instantaneous results are achieved. Depending on patient's

clinical findings, we can uncover and look at several hidden layers which could have resulted from excess compensations of the lesion site for many years and even decades.

When the autonomic nervous system is not functioning optimally it causes "dysautonomia" or dysregulation of your autopilot. Problems then can arise to any of the following systems: cardiovascular (blood flow to and from the heart and brain), respiratory (breathing), gastro-intestinal (digestion and elimination), urogenital (urination and reproduction) producing a myriad of symptoms such as liver congestion, blood sugar imbalance, depression, muscle cramps, loss of libido, insomnia, loss of bladder control, cholesterol, thyroid and hormone imbalances, and the list can go on.

A faulty nerve pathway can in turn affect systems responsible for breathing, blood flow to and from the brain, digestion and elimination and others. That's why so many symptoms can occur.

During the examination, simple tests such as pupillary dilation, bilateral blood pressure evaluation, cerebellar testing and brain function challenge gives the doctor insight into the efficiency of circuits and pathways throughout the brain and nervous system.

It is important to note the shift in healthcare since President George Bush Senior declared and signed a Presidential Proclamation designating the 1990's to be the Decade of the Brain, over one and a half billion dollars was invested in active brain research. Now we are reaping the benefits of that investment and research.

What does this mean for the patient with fibromyalgia, migraines, depression, IBS, dizziness, and other neurological conditions?

The good news is that we can now assess the physiological integrity of the nervous system and correct dysfunctions that lead to progressive disease. The research of brain mapping and fixing dysfunctions through neurological circuitry is at the forefront of modern science. These advanced

breakthroughs in Functional Neurology are non-surgical and drug free applications that can provide for quality of life and answers long sought for.

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