

# ***Doctor of Miracles***

## ***Part 1***

### ***Headaches, High Blood Pressure, Imbalance and Autonomic Failure***

*How a Cervical Epidural Gone Wrong Drastically Impacted Mary Adam's Health*

*Dr. Gilbert Jaudy, DC, DACNB, FACFN, FABVR, FABCDD*

*Interview with Dr. Jaudy's patient by Mike Bundrant - Healthy Times Newspaper*

Dr. Jaudy looked me square in the eye as I sat upon his treatment table for the first time. "We're going to do this one time and it will be a life-changing event for you," he said. "Your whole life is going to change! Are you ready?"

"I've been to many doctors for my chronic health issues over the years and none of them has begun a treatment protocol with such bold words. Dr. Jaudy is different. He absolutely knows how effective his practice of functional neurology has been over the years. So I dared to believe in him in spite of knowing that my issues tend to be very resistant and have survived in spite of 20 years seeking all manner of cures.

Meeting Dr. Jaudy's patients is what motivated me to begin treatment. Readers of Healthy Times are coming him for help with all manner of chronic ailments including: chronic pain, fibromyalgia, chronic fatigue, Parkinson's disease, digestive disorders and more. Many are being handed their life back through Dr. Jaudy's unique, non-invasive, drug free, brain-based treatment. I wouldn't necessarily believe the results if I didn't speak to several of his patients myself.

#### **Tony and Mary**

Mary Adams of Palm Desert is a fine example. Mary was literally in the process of

shutting down due to a five-year-old surgical procedure that went wrong. She received a cervical epidural (for tennis shoulder) that pierced her spine and caused her to be sent to the I.C.U. for nine days.

Mary's health steadily declined from that point. She suffered from intense, out-of-this-world headaches, exhaustion, poor stability, shortness of breath, excessive perspiring, high blood pressure on one side (yes, uneven blood pressure measurements) and heart palpitations. At age 61 she was using a walker and exhibited poor bowel control. She couldn't even muster the strength to make a pot of coffee. It seemed as if Mary's body was simply giving up.

Her husband, Tony, spared no effort in finding a cure. He wheeled her off to doctors from several disciplines including: endocrinology, pulmonology, neurology, proctology, an E.N.T. and a bio-identical hormone specialist. At one point along the way Tony was convinced Mary was having a heart attack. After two and a half days of heart testing and an angiogram it was decided that there was nothing wrong with her heart. Ruling out the heart condition cost them \$57,000.

All normal daily activities had become impossible for Mary; no more driving, no

cooking, and no housecleaning. Mary couldn't stand up without falling over, which meant she was totally dependent on Tony for every daily need. She has been subjected to an MRI, multiple CT scans, ultrasounds and blood tests and even nuclear medicine tests. In addition to a heart condition, the medical establishment had also considered and ruled out multiple sclerosis and Lou Gehrig's disease. She possibly had chronic fatigue or fibromyalgia, according to some. One doctor suggested that she was mentally ill. Tony and Mary's last resort, according to their doctors, was a lengthy stay at a university diagnostic hospital. Only under these conditions, the medical team speculated, did Mary have a chance to figure out what was going on.

Then, the winds of fortune changed. By chance, Tony happened upon Healthy Times while doing some shopping at Grower's Market in Palm Desert. "If anyone could use some healthy times, we could!" he thought and picked up a copy. Later that evening, he read Dr. Jaudy's article and wondered if this non-invasive, brain-based approach might be worth investigating. After speaking with Dr. Jaudy, Tony made an appointment. This was in November 2009.

In January 2010, when I first met Tony, I was standing in Dr. Jaudy's waiting room. Tony came out from a treatment room to greet my wife, Hope, and me. He thanked us enthusiastically for publishing Healthy Times, without which he and Mary might never have discovered Dr. Jaudy. He went on to explain that he never misses an opportunity to tell someone about their experience. He even stood up in class at driver's school one evening and announced that if anyone was

suffering with a chronic ailment, that Dr. Jaudy was the man to see. One of those people actually became a patient. Tony's passion is boundless.

Then, Mary emerged from the treatment room. She was smiling and walking confidently to the front desk. Mary had started to see improvements in her condition during the first two weeks of treatment and now, after merely two months as Dr. Jaudy's patient, she considered herself 90% cured. She takes walks around her neighborhood. She drives. She has resumed all of her daily living and domestic responsibilities as before. Beyond that, she has eliminated all prescription medication. The 10% that remains to heal manifests in mild headaches from time to time and in the periodic need to take it slow. That's it! After years of suffering, she has returned to normalcy.

Over the years of my association with alternative health, I have heard my share of miracle cure stories, most without any medical documentation, but Mary Adam's (her real name, used with permission) case is explicitly documented through a stack of medical records. This report is not an exaggeration. The results are real and if you have any doubt, I am sure she and Tony would be glad to speak with you.

Of course, I was left with questions. What exactly does Dr. Jaudy do? What is functional neurology and how does it heal the brain non-invasively and without drugs? Most prevalent in my mind, however, was whether or not it could work for me. I am a man of average health, enduring some chronic issues that, after so many years of fruitless effort, I had assumed (as so many do) that this is as good as it gets. Something's you

just have to learn to live with, I believed. For me those things included: severe insomnia complicated by a hard case of restless leg syndrome, mild depression, social anxiety, mild overweight and low energy. The worst of the lot are insomnia and restless leg. These have led me down many twisted roads in search of a cure.

Two years ago I gave up the search for a natural cure and went on meds. Requip is a commonly prescribed for restless leg syndrome. It works, for the most part, if you are willing to endure the nausea and the continual "dose creep" necessary for it to be effective. A night without it, however, means 0-2 hours of sleep for me, which I could stand while in my ZO's, but not anymore.

I will explain my treatment in detail in the May/June issue of Healthy Times. For now, suffice it to say that after my first appointment, I slept 50% better than usual. During the first two weeks of treatment I cut my medication in half and began sleeping well throughout the night, something that has never been common. I've lost six pounds without changing the quantity of food that I eat and, for the first time in many years, I am hopeful about resolving my health issues naturally, once and for all.

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